

# HRASM

Human Resources Association of Southern Maryland

[www.hrasmonline.org](http://www.hrasmonline.org)

April 2, 2008

## **April Meeting**

You are invited to attend our April luncheon meeting, which will be held **Thursday April 24, 2008** from 11:30 am to 1:00 pm. The agenda is as follows:

### **General Business**

President's Report – Doreen Bickel  
Approval of Minutes March 2008 – Cheryl Heath  
Treasurer's Report – Lou Roberts  
Membership – Georgia Russell

### **Topic: Regulating Wellness**

Synopsis: Many employers are considering the implementation of wellness programs that must comply with a complex array of compliance rules. This briefing will summarize the three primary laws governing wellness programs; HIPAA, Income tax and American with Disabilities Act.

**Presenter: Jon S. Frank, President Jon S. Frank & Associates**

**The meeting will be held at Mama Lucia's in Prince Frederick in Calvert County (directions below).**

Lunch will consist of your choice of a fresh Grilled Chicken Salad, Homemade Manicotti filled with ricotta cheese topped with mozzarella, or Calzone stuffed with ricotta cheese, mozzarella cheese, pepperoni, sausage and ham. All served with bread and beverage.

The cost of the lunch is \$13.00 and an additional \$5.00 for non-members. Payment may be made on the day of the meeting, and preferred payment method is check. If you are planning to attend, please contact Anne Mary Cullins no later than Thursday, April 17th at [acullins@metcom.org](mailto:acullins@metcom.org) or 301-373-4733 ext.223. If you register, you are responsible for payment even if you do not attend the meeting, do not stay for lunch, or do not cancel prior to the deadline date above. If you do not receive a confirmation within 24 hours after you make your reservation, please contact again.

**Directions:** 862 Costley Way, Prince Frederick Maryland 20678 (443-486-4701).

From St. Mary's County – From Rt. 235 (Three Notch Road), take Rt 4 over Solomons bridge turn left and continue on Rt 4 North to Stoakley Road directly across from Calvert Memorial

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Hospital. The first left off Stoakley Road is Costley Way. Mama Lucia's is located across from the library in a shopping center with Office Depot and Petco.

From Southern Calvert County – Take Rt. 4 North to Stoakley Road directly across from Calvert Memorial Hospital. The first left off Stoakley Road is Costley Way. Mama Lucia's is located across from the library in a shopping center with Office Depot and Petco.

From Northern Calvert County – Take Rt. 4 South to Stoakley Road directly across from Calvert Memorial Hospital. The first left off Stoakley Road is Costley Way. Mama Lucia's is located across from the library in a shopping center with Office Depot and Petco.

From Charles County – Take Rt. 5 south. Turn onto 231 toward Calvert County. Turn left onto Rt 4 North to Stoakley Road directly across from Calvert Memorial Hospital. The first left off Stoakley Road is Costley Way. Mama Lucia's is located across from the library in a shopping center with Office Depot and Petco.